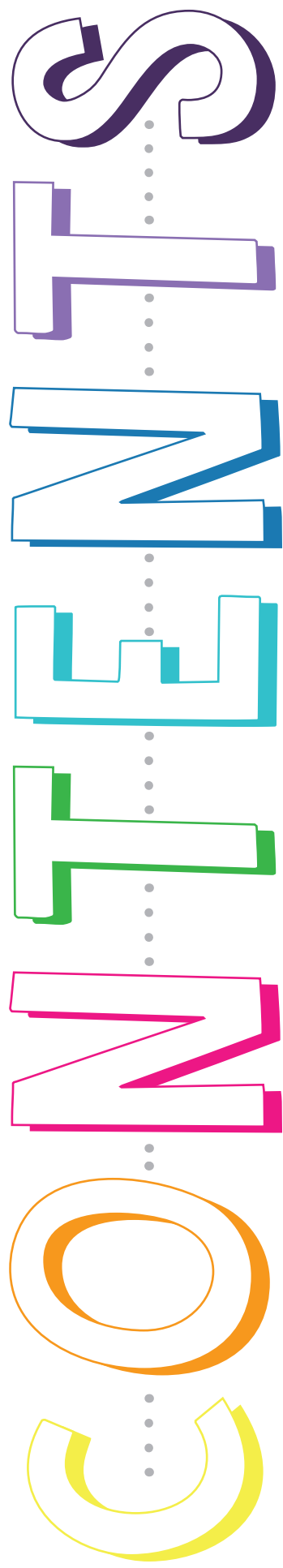




TODDLER TWO LESSONS



Preparation

Introduction 4-5
 Health and Safety 6-7

Lessons

Session 1

The Creation Story 8-9

Session 2

Moses and the Burning Bush 10-11

Session 3

Faith Through the Roof 12-13

Session 4

The "Lost" Parables 14-15

Session 5

Mary at the Tomb 16-17

Music Lyrics 18



DISCOVERY ON ADVENTURE ISLAND

	Bible Story	Pathfinder	Music	Crafts
SESSION 1	The Creation Story (Genesis 1:1-2:9)	Arise! Shine with Love!	<ul style="list-style-type: none"> • Discovery on Adventure Island • Creator of the Universe 	<ul style="list-style-type: none"> • Sew Your Own Beacon Puppet • Creation Craft • Suncatcher Windchime • Lighthouse
SESSION 2	Moses and the Burning Bush (Exodus 3:1-20)	Arise! Shine with Trust!	<ul style="list-style-type: none"> • Your Light Has Come • Little Night Light 	<ul style="list-style-type: none"> • Burning Bush Sand Art • Burning Bush Window Cling • Doorknob Hanger • Beacon Hat
SESSION 3	Faith Through the Roof (Luke 5:17-26)	Arise! Shine with Faith!	<ul style="list-style-type: none"> • Bustin' Through the Roof • Here I Am to Worship 	<ul style="list-style-type: none"> • Paper Lanterns • Air Clay Frame • Arise! Shine! Handprint Kit • Paper Cup Lanterns
SESSION 4	The "Lost" Parables (Luke 15)	Arise! Shine with Joy!	<ul style="list-style-type: none"> • Running • I Feel Like Dancin' 	<ul style="list-style-type: none"> • Arise! Shine! Bracelet • Treasure Box • Binoculars • Lighthouse Bookmark
SESSION 5	Mary at the Tomb (John 20:1-18)	Arise! Shine with Hope!	<ul style="list-style-type: none"> • You Reign Forevermore • Everywhere 	<ul style="list-style-type: none"> • Wooden Tabletop Cross • Shiny Cross • Adventure Island Map with Stickers

SIGNAL VERSE



Arise! Shine! Your light has come; the LORD's glory has shone upon you! (Isaiah 60:1)

Science

- Take a Look at Invisible Light!
- Create-a-Compass

- Surprising Fire
- Light... Amplified!

- Safe Landing
- Floating Person Experiment

- Light and Our Sense of Sight
- Balloon Celebration

- Adventure Island Volcano
- Capillary Actions and Reactions
- BONUS: Liquid Lanterns

Recreation

- Creation Relay Race
- Bible Verse Waves
- What Animal?

- Take Off Your Shoes
- Pool Noodle Shepherds
- Avoid the Lava!

- Stretcher to the Rescue!
- Keep the Palm Trees Standing
- Bumper Boats

- Eruption!
- Lost Parables Hunt
- Adventure Island Airlines

- Run and Tell
- Hula Hoop Race
- Crab Walk to Tell the Good News

Snacks

- Shine with Love Cookies
- Creation Cracker
- Tropical Dipped Fruit

- Angel Sandwich
- Burning Bush Cupcake
- Build-Your-Own Lighthouse

- Bible Snack Cakes
- Faith Through the Roof Snack
- Puffin Food

- Joyful Pancakes
- Marshmallow Sheep
- Tropical Trail Mix

- Shine with Hope Butterfly Sandwich
- Empty Tomb Snack
- Tropical Fruit Cups

Mission

- Opening Doors of Kindness
- Bags of Love

- The Fanciful Giving Tree
- Hands Down You're the Best

- New Friend Scavenger Hunt
- Prayerful Bookmarks

- Hearts of Love Suncatcher
- Spreading Joy with a Joy Jar

Messages of Hope
Whimsical Washi Tape Messages

Organizers of Hope



Introduction to Toddler Twos

The Adventure Begins!

Thank you for accepting the task to teach toddlers and two-year-olds!

Arise! Shine!

Welcome to the Discovery on Adventure Island VBS Toddler Twos Leader! This resource is designed to provide the tips and tools you need to make Discovery on Adventure Island an exciting and powerful learning environment for your youngest Explorers.

Be Prepared

Becoming familiar with the material is the most important step in successfully navigating VBS with your Toddler Twos Explorers.

Familiarize yourself with each session's Bible story and how your activities reinforce each one!

Gather Supplies Early

Collect all decorations and supplies for each session well in advance. Get your congregation involved by publicizing a list of supplies they can donate!

If you need Discovery on Adventure Island supplies, order them 4-6 months in advance from CokesburyVBS.com to ensure availability!

How They Learn

A two-year-old's most basic need is for a safe, loving environment that enhances positive feelings. Two-year-olds respond well to a schedule that is consistent from day to day with a wide range of active and quiet activities. Most two-year-olds are not mature enough to work in large groups, so work with Explorers one-on-one or in small groups. See the next page for tips on navigating Discovery on Adventure Island with Toddler Twos:



Welcome

Greet Explorers with a smile. Kneel at their eye level and say, "I'm happy you came today!" Tell each child your name, show your name tag, and invite the child to wear a name tag, too (you may use a piece of tape with child's name and stick it to the front or back of the child's clothing).

Bible Story Time

Toddler Twos listen best individually or in groups of 2-3. They need to see/touch the Bible and be close to you.

Music Time

Toddler Twos may sing together for short periods of time or listen to recorded music. Singing along with the Discovery on Adventure Island **Complete Music CD** is a great way to do this! Toddler Twos also enjoy rhythm instruments and creative music, especially when you repeat the same activities each day. Use scarves or strips of lightweight drapery fabric for creative movement.

Guided Play

Schedule large blocks of time with many choices. Each child's own interests dictate what will be engaging.

Active Play

Toddler Twos need big-muscle play outdoors. They need the freedom to play on their own, but should be well-supervised so that toys and equipment are used correctly and other Explorers are not hurt. Assist Explorers in sharing toys and taking turns.

Adventure Awaits Your Toddlers and Two-Year-Olds!

Health and Safety

Health Concerns

- ❏ Are tissues available?
- ❏ Are toilet and hand-washing facilities nearby or in the room?
- ❏ Do Explorers and adults wash hands before eating, after blowing noses, and after toilet times or diaper changes?
- ❏ Are first-aid supplies nearby?
- ❏ Do adults wear disposable gloves when handling food, changing diapers, and cleaning wounds?
- ❏ Are paper products and soap at hand?
- ❏ Is the diapering area sanitized and supplied with diapers, baby wipes, plastic bags, disposable paper pad sheets, and a covered, plastic-lined can for soiled diapers?
- ❏ Have you received information sheets for Explorers? If so, post information about any allergies where teachers can see it. If you have not received this information, be prepared to check with adults who bring Explorers to class.
- ❏ Have you posted necessary phone numbers for each child?
- ❏ Have you documented any food allergies for Explorers attending VBS?





Safety Indoors

- ❑ Do you have a minimum of two adults in the room at all times?
- ❑ Are all toys and equipment in good repair?
- ❑ Have all broken/damaged toys and equipment been removed?
- ❑ Has everything been cleaned and air-dried?
- ❑ Have dress-up clothes and stuffed animals been washed?
- ❑ Have all distractions been removed?
- ❑ Are hazardous materials stored away from Explorers, preferably locked up?
- ❑ Do you have an up-to-date list of emergency contact names and phone numbers?
- ❑ Have you reviewed fire regulations?
- ❑ Are all electrical outlets covered?
- ❑ Have you knelt on the floor and surveyed the room from a child's point of view?
- ❑ Are there any top-heavy items an Explorer could pull over?
- ❑ Is there a place to put dangerous items (such as adult scissors) out of Explorers' reach?
- ❑ Is the play area safe and ready for play?

Safety Outdoors

- ❑ Is the play area separate from the older Explorers' play area?
- ❑ Is equipment in good repair and appropriate for two-year-olds?
- ❑ Is the foot traffic area well-defined, in order to keep Explorers from playing in congested areas?



Bible Story

The Creation Story

Genesis 1:1–2:9

Pathfinder

Arise! Shine with Love!

Materials

Bible Story Activity

- ☉ Large, white coffee filters
- ☉ Watercolors
- ☉ Paintbrushes
- ☉ Ribbon
- ☉ Hole punch
- ☉ Permanent markers (teacher use only)

Music Activity

- ☉ Light sources (one per child)

Bible Story Time

Bible Story

In the beginning it was very dark and very quiet. But God was there. God made light! It was very, very good.

Explorers say: Shine with love!

God made the sky. It was very, very good.

Explorers say: Shine with love!

God made the sea, the land and all the plants. They were very, very good.

Explorers say: Shine with love!

God made the sun, moon, and stars! They were very, very good.

Explorers say: Shine with love!

God made the dogs, cats, lions, and tigers. They were very, very good.

Explorers say: Shine with love!

God made girls and boys and men and women. And they were very, very good.

Explorers say: Shine with love!

Then God rested. The rest was very, very good.

Explorers say: Shine with love!

Bible Activity

Before VBS, use a permanent marker and add the names of the children and the words, “Arise! Shine with Love” on the coffee filters. Explorers will use a coffee filter to create a light catcher to remind them of their Bible lesson. Explorers will use a variety of watercolors to decorate coffee filters. Set aside to dry. Once filters are dry, leaders can use a hole punch to add one hole at the top of the coffee filter. Along with assistance from leaders, Explorers will thread a piece of yarn through the hole in the sun catcher, then tie the ends together. Talk about ways their light catcher will allow light to shine through.

Music Activity

Firefly Lights

Gather a light source for this activity. Have one light source per child. Repeat the activity and practice using the light source. Show the Explorers how to make their light shine when the word *light* is said. Collect the lights at the end of this activity.

Firefly

**Firefly, firefly
Light up the sky.
Your pretty light
Makes me smile as you fly.**

**Firefly, firefly,
Turn on your light for me.
Your light is so pretty
For all to see.**

Activity Stations

Imagination Station

Retell the Bible story and create motions and sounds to match the lesson. Encourage your Explorers to act out the Bible story.

Exploration Station

Plant Garden Bags

Before the session, cover your table or work area with old papers. Explorers are to select a bag. Using a measuring cup, show the Explorers how to fill the bottom of their bag with potting soil. Then ask them to place their seeds into the bag. Add about a teaspoon of water to their bag. Find an area in the room where the garden bags can receive strong sunlight during VBS and where the Explorers can look for growth each day.

Building Station

Show Explorers pictures of lighthouses. Talk about ways lighthouses shine light for others to see at night. Have Explorers use blocks to build lighthouses. Repeat the Pathfinder phrase with them.

Color Fun

Green

Have Explorers wave green crepe paper streamers as they sing. Call attention to the green items in the room. Count them. Collect a basket of green items. Ask Explorers to select items from the basket and talk about each one.



Bible Story

The Creation Story

Genesis 1:1–2:9

Pathfinder

Arise! Shine with Love!

Materials

Exploration Station

- 🌀 Quart-sized re-sealable bags
- 🌀 Measuring cups
- 🌀 Potting soil
- 🌀 Fast growing grass seed
- 🌀 Water
- 🌀 Old papers

Building Station

- 🌀 Large cardboard building blocks
- 🌀 Pictures of lighthouses

Color Fun

- 🌀 Green crepe paper streamers
- 🌀 Basket
- 🌀 Green items



SESSION 2

Bible Story

Moses and the Burning Bush

Exodus 3:1-20

Pathfinder

Arise! Shine with Trust!

Materials

Bible Story Activity

- ☉ Quart-sized re-sealable bags
- ☉ Food coloring (yellow, red, and/or orange)
- ☉ Shaving cream

Music Activity

- ☉ Simple rhythm instruments
- ☉ **Complete Music CD**
- ☉ Music playing device

Bible Story Time

Bible Story

Moses was a shepherd. Each day he led his sheep to big green fields to eat. One day while he was watching the sheep, he saw a strange light coming from a bush. He walked over to the light and saw that the bush was on fire! The bush kept burning. Then a voice called his name, "Moses, Moses!" Moses said, "Here I am." Then the voice said, "Take off your sandals because this is a holy or special place." (*Illustrate this action to the children.*) Moses took off his sandals, and the voice said, "I am God." God told Moses to help guide the people in Egypt to a safe place. Moses was scared, and then God told him, "I will be with you." Moses knew God would help him.

Bible Activity

Create the color of the Burning Bush. Before the activity, label bags with Explorers' names. Invite each Explorer to hold the bag open while you squirt some shaving cream in the bag. Add a few drops of yellow, red, and/or orange food coloring. Seal the bag. Explorers will squeeze the bag to discover the color of the burning bush. Tell them the Bible story again as they create this color bag.

Music Activity

Play the preschool song, "Arise and Shine." Hand out simple rhythm instruments for Explorers to use. Have them march around the room as they sing and play their instruments.

Activity Stations

Imagination Station

Display several red, yellow, and orange crayons. Ask Explorers to separate them according to color. Then ask them to count all the red crayons, then yellow and orange. As Explorers are sorting the crayons, remind them of the Bible story.

Exploration Station

Small and Large Items

Encourage Explorers to differentiate between large and small items. For example, have large and small plastic cups, large and small blocks, and flashlights. Encourage Explorers to play with these items. Also, locate large and small items in the room. Repeat the Signal Verse while the Explorers are discovering these large and small items.

“Arise! Shine! Your light has come.”
Isaiah 60:1

Building Station

Set out colorful plastic interlocking blocks. Once again, show Explorers pictures of lighthouses. Encourage them to make lighthouses using the plastic interlocking blocks.

Color Fun

Red

Have Explorers wave crepe paper streamers as they sing. Call attention to the red items in the room. Count them. Collect a basket of red items. Ask Explorers to select items from the basket and talk about each one.



Bible Story

Moses and the Burning Bush

Exodus 3:1-20

Pathfinder

Arise! Shine with Trust!

Materials

Imagination Station

- 🌀 Red, yellow, and orange crayons

Exploration Station

- 🌀 Variety of large and small item such as plastic cups, large and small blocks, and flashlights

Building Station

- 🌀 Colorful plastic interlocking blocks
- 🌀 Pictures of lighthouses

Color Fun

- 🌀 Red crepe paper streamers
- 🌀 Red items
- 🌀 Basket



Bible Story

Faith Through the Roof

Luke 5:17-26

Pathfinder

Arise! Shine with Faith!

Materials

Bible Story Activity

- ☉ Large box
- ☉ Several clean stuffed animals
- ☉ Bandages
- ☉ Flying disc
- ☉ Tape

Music Activity

- ☉ Pots, pans, wooden spoons with short handles

Bible Story Time

Bible Story

Long ago, four friends had a friend who was paralyzed. That means he couldn't walk. His four friends heard that Jesus was in a house in their town. The four friends knew that Jesus could make their friend well. They said, "Let's take our hurt friend to see Jesus. Jesus can help him." They gathered him up in his mat and carried it to town. The house was crowded by the time the four friends reached town. They knew Jesus could heal their friend so they came up with a plan. Once again, they picked up the mat and went up the steps to the roof. Up, up, up went the four friends with their hurt friend. When they got to the roof of the house, they pulled off the tiles and lowered their friend down to see Jesus. Jesus said, "I say to you, get up, take your mat, and go home!" And the man did just that! All the people were so happy the man could walk! Jesus had healed him.

Bible Activity

Children Take Care of Others

Use a large box. Before the Explorers arrive, decorate the box to serve as an ambulance for play time. Attach a flying disc to the front of the box to use as a steering wheel. Encourage Explorers to pretend they are doctors and nurses and take care of others. Add several clean stuffed animals and bandages. Suggest Explorers care for these stuffed animals.

Music Activity

Have a kitchen band. Provide simple kitchen pots, pans, and wooden spoons for the Explorers to use. Have them play these kitchen items as the VBS music is being played. Remind the Explorers of their Bible lesson and how the friends took their hurt friend to a house where Jesus was so he could make their friend well.

Activity Stations

Imagination Station

Helping Hands

Before the Explorers arrive, write the words, "Arise! Shine with Faith" around the edge of each plate. Cover area of the plate with waxed paper. Place a ball of soft modeling clay on top of the plate. Show Explorers how to flatten out the clay. Assist each Explorer as needed to press one hand firmly into the soft clay. This handprint will be a reminder of how they can use their hands to help others. Place the handprint in a large resealable bag for easy transport home.

Exploration Station

Shining God's Light to Others

Set out folded construction paper, crayons, stampers, and stickers. Encourage your young Explorers to create cards for others as desired using a variety of craft supplies.

Building Station

Explorers use blocks to build a house. Remind them of the Bible story and how four friends carried their friend to the roof of the house made sure their hurt friend saw Jesus.

Color Fun

Blue

Have Explorers wave blue crepe paper streamers as they sing. Call attention to the blue items in the room. Count them. Collect a basket of blue items. Ask Explorers to select items from the basket and talk about each one.



Bible Story

Faith Through the Roof

Luke 5:17-26

Pathfinder

Arise! Shine with Faith!

Materials

Imagination Station

- 🌀 Soft modeling clay
- 🌀 Sturdy paper plates
- 🌀 Large resealable bags
- 🌀 Waxed paper
- 🌀 Markers (teachers' use)

Exploration Station

- 🌀 Stampers Set
- 🌀 Craft Theme Stickers
- 🌀 Stay-Put Stickers
- 🌀 Construction paper folded to make cards
- 🌀 Crayons

Building Station

- 🌀 Large building blocks

Color Fun

- 🌀 Basket
- 🌀 Blue crepe paper streamers
- 🌀 Blue items



SESSION
4

Bible Story

The “Lost” Parables

Luke 15:11-24

Pathfinder

Arise! Shine with Joy!

Materials

Bible Story Activity

- 🔦 Flashlights
- 🎵 Music player
- 🎧 Complete Music CD

Music Activity

- 🔔 Bells and/or beads
- 🧴 Clean medicine bottles or plastic eggs

Bible Story Time

Bible Story

Jesus told a story about a man who had two sons. One day, the younger son said, “I want to leave home. Give me my share of my money!” The father gave his son some money, and the son left home. While the son was away from home, he had lots and lots of fun. But soon, he ran out of money. He could not buy food to eat or clothes to wear, and he was sad and missed his home and family.

(Make a sad face to illustrate his feelings.)

He was sorry he had wasted all the money his father gave him. He knew his father would be mad at him, but he wanted to come home.

He had to walk and walk and walk a long way to get home. After a long time, he arrived home. He saw his father running to meet him. His father said, “I am so happy to see you! Let’s have a special dinner now that you are home!” The son knew his father really loved him.

Bible Activity

Flashlight Walk

Make sure all flashlights work before the activity. Plan where you will walk (your room, walking down the hall, or in a fellowship hall.) Walk with the Explorers as you sing the song “Arise and Shine.” Stop at different places to shine the flashlight on an object. See if the Explorers can name the object and talk about what it is called. Example: “This is a picture of Jesus. We heard a story about Jesus today.” Walk on to find another object. As you walk, sing about the object you have found.

Music Activity

Before the Explorers arrive, add a variety of items such as bells, beads and so forth to clean medicine bottles or plastic egg shapes. Make sure the items are sealed shut. Play the VBS music and ask Explorers to use their shakers as instruments. Encourage them to march around the room as they move their shakers.

Activity Stations

Imagination Station

Sharing Joy

Gather a variety of fruits and vegetables. Show Explorers how to wash the fruits and vegetables. When dry, assemble the produce in the basket. When dry, assemble the produce in the basket/box and adorn with the card and ribbon. Talk about ways they are helping others. Repeat the Pathfinder phrase with the Explorers.

Exploration Station

Play a simple game of “What’s Missing?” with the Explorers. Place four items on a cookie sheet. Talk about the items on the tray. Place a towel over the tray. Take away one item. Lift up the towel and see who can figure out the missing item. Play again with a variety of items. Remind Explorers of the Bible story.

Building Station

Set out several large cardboard building blocks. Show the Explorers how to create roads using the blocks. Remind them of the Bible story and how the son walked down many roads as he traveled from place to place and then back home.

Color Fun

Yellow

Have Explorers wave yellow crepe paper streamers as they sing. Call attention to the yellow items in the room. Count them. Collect a basket of yellow items. Ask Explorers to select items from the basket and talk about each one.



Bible Story

The “Lost” Parables

Luke 15:11-24

Pathfinder

Arise! Shine with Joy!

Materials

Imagination Station

- 🌀 Variety of fruits and vegetables
- 🌀 Small tub
- 🌀 Small amount of water
- 🌀 Vegetable brush
- 🌀 Hand towels
- 🌀 Smock for each child
- 🌀 Basket or box
- 🌀 Paper and crayons to create a card

Exploration Station

- 🌀 Cookie sheet
- 🌀 Basic household and items used for play
- 🌀 Towel

Building Station

- 🌀 Several large cardboard building blocks

Color Fun

- 🌀 Basket
- 🌀 Yellow items
- 🌀 Yellow crepe paper streamers



SESSION 5

Bible Story

Mary at the Tomb

John 20:1-18

Pathfinder

Arise! Shine with Hope!

Materials

Bible Story Activity

- ☉ Variety of large seeds
- ☉ Flower magazines
- ☉ Flower stickers
- ☉ Cardboard, cut into 4" x 6" sizes
- ☉ Glue
- ☉ Scissors
- ☉ Marker (teacher use)

Music Activity

- ☉ Simple rhythm instruments
- ☉ Complete Music CD
- ☉ Music playing device

Bible Story Time

Bible Story

Mary Magdalene got up very early one morning. She was going to see if she could find Jesus. It was so early that the sun was not even shining in the sky.

Step, step, step went the feet of Mary as she walked slowly to the tomb. She looked and looked.

(Put your hands over your eyes to illustrate that she was looking.)

It made her sad not to see Jesus.

(Make a sad face.)

Then angels appeared. The angels were wearing shining white clothes. The angels talked to her. They said, "Jesus is not here. He is alive! Go and tell his helpers that Jesus is on his way to Galilee."

Run. Run. Run. Mary ran to tell his helpers this good news. Jesus is alive! Jesus is alive!

His helpers were happy to see Jesus! *(Make a smiling face.)* When Jesus saw his friends, he told them, "Go to people everywhere and tell them that God loves them and so do I."

Bible Activity

Making a Seed Texture Card

Before the Explorers arrive, gather all the necessary supplies. Precut the flower pictures. Write their names and the words, "Tell the Good News." Help Explorers firmly glue a variety of seeds to a piece of cardboard. Suggest they add pictures of flowers and stickers to their picture. Remind them of the Bible story and how we are to tell the good news of Jesus with others.

Music Activity

Play the preschool song, "Arise and Shine." Hand out simple rhythm instruments for Explorers to use. Have them march around the room as they sing and play their instruments.

Activity Stations

Imagination Station

Tell the Bible story several times and encourage Explorers to act out the Bible story. Each time the story is told, ask the Explorers to repeat the phrase, "Arise! Shine with Hope!"

Exploration Station

Children Discover Textures

Have an Exploration Box. Gather some items that are soft, such as cotton balls and items that have rough textures such as sandpaper. One by one, allow the Explorers to touch the items. Talk about the differences in soft and rough.

Building Station

Gather a beach ball and a laundry basket. Have the Explorers take turns rolling the ball into the basket. Repeat the Signal Verse each time a child rolls the ball into the basket. Praise their efforts.

Color Fun

Purple

Have Explorers wave purple crepe paper streamers as they sing. Call attention to the purple items in the room. Count them. Collect a basket of purple items. Ask Explorers to select items from the basket and talk about each one.



Bible Story

Mary at the Tomb

John 20:1-18

Pathfinder

Arise! Shine with Hope!

Materials

Imagination Station

⊗ None

Exploration Station

⊗ Container of rough and soft textured items (such as cotton balls and sandpaper)

Building Station

⊗ Beach ball
⊗ Laundry basket

Color Fun

⊗ Basket
⊗ Purple items
⊗ Purple crepe paper streamers



Music Lyrics

Session 1

Firefly

Firefly, firefly
Light up the sky.
Your pretty light
Makes me smile as you fly.

Firefly, firefly,
Turn on your light for me.
Your light is so pretty
For all to see.

Session 2. 5

We Lift Our Voices Up, © 2020 Andrew Wilson

Arise and shine with hope.
Arise and shine with trust.
With joy and love
In faith above,
We lift our voices up! (2x)

And we're singing:
Oh oh oh oh oh
Oh oh oh oh oh oh
Oh oh oh oh oh oh
Oh oh oh oh oh

And we're singing:
Oh oh oh oh oh
Oh oh oh oh oh oh
Oh oh oh oh oh oh
Oh oh oh oh oh

Sing with me!
Oh oh oh oh oh
Oh oh oh oh oh oh
Oh oh oh oh oh oh
Oh oh oh oh oh

Sing: you are (you are)
Worthy (worthy).
So we give (so we give)
You all the praise.
You shine (You shine)
In darkness (darkness).
Fill us (fill us)
With your light we pray.

We will

Arise and shine with hope.
Arise and shine with trust.
With joy and love
In faith above
We lift our voices up! (2x)